



## Community Kids Dental now open in Rutland

*Submitted By: Jill Jesso-White, Director of Communications and Development*

Community Health is celebrating the opening of Community Kids Dental, a dental practice specifically focusing on pediatric dental health. Thousands of kids in the Rutland region were left without a dentist when a pediatric dentist retired. Community Health recognized the gap in care and immediately began expanding the health center's dental practice to offer pediatric dentistry. Dr. Safaa Ahmed joins Community Kids Dental from Boston University's Henry M. Goldman School of Dental Medicine where she

specialized in preventative and therapeutic oral health care for children. "Every child has the right to better oral health," said Dr. Ahmed.

Pediatric dentistry focuses on dental development, care of teeth, gums and mouth along with prevention of decay, disease and injuries. The dentist and hygienist identify problem areas as a child grows and teeth develop. They share with parents how important baby teeth are for future oral health. For young adults, the kids

dental team makes sure they keep brushing and cleaning in between their teeth correctly, especially those with braces.

Community Kids Dental's kid-friendly offices are located at 69 Allen Street, Suite 7 in Rutland. For more information, check our website <https://www.chcrr.org/location/community-kids-dental-rutland/> or call 802-772-4413.

## Tobacco and Vaping Treatment

*Submitted By: Sarah Cosgrove, Tobacco and Vaping Treatment Specialist, RRMCC*

Vaping addiction, similar to cigarette addiction is challenging to overcome, but with support, it is possible to stop vaping and start thriving.

In Vermont, if you are covered by Medicaid, you also qualify for free help quitting smoking, vaping and other forms of tobacco.

802Quits offers FREE support programs by phone, online or by text. If you are uninsured or a Medicaid member, you can earn up to \$150 in gift cards by

participating. This includes: 16 face-to-face tobacco cessation counseling sessions per year with an authorized health care professional, 4 sessions of 802Quits individual, group and phone counseling, customized quit plan, coverage of FDA-approved tobacco cessation medications including 24 weeks of Chantix or Zyban, up to 16 weeks of patches and gum or lozenges at no cost to you (with a prescription), 2 quit attempts per year, No co-pay and up to \$150 in

gift cards by participating. To further remove any potential barriers the Vermont Medicaid program allows reimbursement for pharmacists to provide tobacco cessation counseling and authorizes them to prescribe tobacco cessation products to Medicaid members with no co pay. Get free quit help with [802Quits.org](http://802Quits.org), 1-800-QUIT-NOW or local Rutland Regional Medical Center's Tobacco treatment program at 802-747-3786 for more information.

## SASH Celebrates 10 Years

*Submitted By: Carol Keefe*

The Support & Services at Home (SASH) program has served many Rutland county Medicare recipients over the last 10 years. The Rutland Housing Authority, the Designated Regional Housing Organization for SASH and the Rutland County SASH Collaboration work was recently recognized for 10 years of success in creating a healthier Rutland County. SASH is a proven program, shown to improve health, reduce the need for emergency room utilization and hospitalization, and delay or

prevent transition to a nursing home-all while saving Medicare dollars. A SASH Coordinator and SASH Wellness Nurse build trusting relationships with participants while focusing on care coordination, transitions of care, self-management education and coaching related to chronic conditions. All three proven interactions that provide positive outcomes. A community partnership that includes local agencies such as Rutland Regional Medical Center, Community Health Team, Com-

munity Health Centers of the Rutland Region, Community Care Network Rutland Mental Health Services, VNA & Hospice of the Southwest Region, Southwestern Vermont Council on Aging, Castleton University School of Nursing, National Church Residences, and the Housing Trust of Rutland County. SASH participants continue to benefit from an interdisciplinary team approach to care coordination. For more information on SASH please visit [sashvt.org](http://sashvt.org).

## RCC Committee

### Shout Outs!

#### Community

Community Health Needs Assessment is available. <https://www.rmmc.org/app/files/public/ebbd59c-0238-48dc-9a19-70fba2842817/About-Us/2021-CommunityHealthNeedsAssessment.pdf>

#### Core Team

Continuing with the same 3 areas of focus: Transitions of Care, Alcohol & Substance Use, and COVID-19

#### Behavioral Health

Non-Opioid Substance Use Journal now available. <https://www.rmmc.org/app/files/public/45498479-21f1-4a4d-a0bb-197d32863156/Patient%20Education/>

#### Clinical Case Review

Need more case referrals! Referral form can be requested at [awicher@chcrr.org](mailto:awicher@chcrr.org)

#### CCCC

Patient selection underway!

#### Data

Taking data requests.

#### Education & Engagement

Dementia Journal is completed! <https://www.rmmc.org/app/files/public/0fe0d8ef-01d4->

#### Palliative Care & Hospice

Another community education event is coming up!

#### Transitions

Re-starting the "Right Care, Right Time, Right Place" initiative.